

**LIVING IN LA JOLLA: FIELD NOTES FROM HEAVEN ON EARTH #1**  
**ARE YOU FULL OF LIFE?**  
**ACTS 20:7-12**

**GETTING STARTED**

What is the favorite “heaven-on-earth” vacation you’ve ever been on? What made it so special?

**DIGGING IN**

Read Acts 20:7-12. How might a witnessing or experiencing a near death experience cause you to view life differently (to be “full of life”)?

One of the keys to a full life is to “live like there is no tomorrow.”

Read Psalm 39:4-5; James 4:13-14. Why do you think it’s important to be aware of the shortness of life?

The second key to a full life is to “live like today is a gift.”

Read Romans 6:13-14. In what way have you been brought from death to life? How do you “offer yourself to God”?

The third key to a full life is to “live with an anchor in eternity.”

1 John 5:11-13 says that we can know for sure that we have eternal life. How can being certain about your eternal future help you to live a full life in the present?

**LIVING IT OUT**

On a scale of 1 to 10, how confident are you that you will have eternal life with God? (1 being very confident, and 10 being very uncertain). Is there anything that causes you to doubt?

What might you do differently this week as you seek to live the full life?

Close by reading 2 Corinthians 4:16-18 aloud together.

These sermon notes are produced each week for further study and discussion in our small groups. If you are interested in joining a small group, please contact Leslie Ann Yell at [smallgroups@chathamchurch.org](mailto:smallgroups@chathamchurch.org) or 545-9589.